

NCA & NDA CHAMPIONSHIP RELEASE AND WAIVER – PARTICIPANT

Every Participant must have a completed and signed release form to turn in at registration in order to participate. ALL areas must be completed. *Please photocopy and distribute to each participant attending the event.*

Coach must retain a photocopy of each completed form for his/her records and keep them with the team throughout the event..

Minor's Name	Name of Parent / Legal Guardian	Name of Event NCA HS Nationals Dallas, Texas
Address	Parent / Legal Guardian Email Address Friendswood High School	City, State of Event 2/1-2/2, 2020
City, State & Zip ()	School/Gym Name 702 Greenbriar	Event Dates (281) 482-3413
Cell Phone Number	School/Gym Address Friendswood, TX 77546	School/Gym Phone Number
Participant Email Address <input type="checkbox"/> Yes, you have my permission to send me updates/newsletters from Varsity!	School/Gym City, State, & Zip	Squad Type: <input checked="" type="checkbox"/> CHEER <input type="checkbox"/> DANCE

Liability Release. For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I _____, as parent or legal guardian of _____, a minor (hereinafter "Minor"), hereby grant the permission necessary to allow Minor to participate in the above ("Event") to be conducted by Varsity Spirit LLC ("Varsity Spirit") d/b/a National Cheerleaders Association (NCA) and/or d/b/a National Dance Alliance (NDA.) I, in my own behalf and on behalf of the Minor, further agree to release and to hold harmless Varsity Spirit, Varsity Spirit's corporate sponsors (hereinafter "Sponsors"), the hosting Site, (university, hotel, convention center, high school) on whose premises the Event will occur (hereinafter the "Location") the affiliates of Varsity Spirit, and the respective directors, officers, representatives, members, agents and employees of US All Star Federation, Inc., a non for profit corporation ("USASF"), USA Federation for Sport Cheering, a not for profit corporation ("USA Cheer") and the respective directors, officers, representatives, members, agents and employees of the preceding parties (hereinafter collectively "Releasees") from any and all liability, whether caused by the negligence of the Releasees or otherwise for any claim, judgment, loss, liability, cost and expenses (including, without limitations, attorney's fees and costs) arising out of or connected with the Event, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and/or death) that minor may incur or sustain during the Event, all activities associated with the Event and while traveling to and from the site for the Event whether or not the Event actually occurs. I further expressly agree to indemnify and hold harmless Releasees and Releasees' heirs, successors, assigns, executors and administrators against loss from any further claims, demands or actions that may subsequently be brought by Minor or by any other persons on the account of damages of any character resulting to Minor in any way from the foregoing activities. I further agree to reimburse and to make good to Releasees any loss, or costs Releasees may have to pay as a result of any such action, claim, or demand.

I, in my own behalf and on behalf of the Minor, hereby warrant that I have read this Liability Release in its entirety and fully understand its contents. I, in my own behalf and on behalf of the Minor, am aware that this Liability Release releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of the Minor, further acknowledge that nothing in this Liability Release constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of the Minor, have signed this document voluntarily and of my own free will.

Signature of Parent or Legal Guardian: _____ **Date:** _____

Supervision. A Chaperone/Adult (age 21 or older) is required to attend with participants. This Chaperone will be responsible for the participants at all times including but not limited to swimming, beach activity, cheer/dance practice outside of Event, free time at Event site or hotel. The Releasees are not responsible for participants' supervision.

Appearance Agreement. I understand that as a participant and/or a spectator at the Event, the Minor may be included in videotapes, photographs, DVDs, podcasts, and videocasts taken during the Event. Therefore, without reservation or limitations, I, in my own behalf and on behalf of the Minor, hereby assign, transfer and grant to Varsity Spirit, its successors, assignees, licensees, sponsors, any television networks, and all other commercial exhibitors the exclusive right to photograph and/or videotape the Minor and to utilize such videotapes and photographs and Minor's name, face, likeness, voice and appearance as a part of the Event, in advertising and promoting the Event or in advertising and promoting similar future events or in advertising and promotions related to Varsity Spirit, and for any other use or purpose whatsoever, without reservations and limitations. I further understand that neither Varsity Spirit nor any third party is under any obligation to exercise any of the foregoing rights, licenses and privileges. I, in my own behalf and on behalf of the Minor, waive any right to inspect or approve materials related thereto.

Medical Release. I, in my own behalf and on behalf of the Minor, acknowledge and agree that such participation subjects Minor to possibility of physical illness or injury (minimal, serious, catastrophic and/or death) and that I, in my own behalf and on behalf of the Minor, acknowledge that the Minor is assuming the risk of such illness or injury by participating in the event. In the event of such illness or injury, I authorize Varsity Spirit to obtain necessary medical treatment for the Minor and hereby, in my own behalf and on behalf of the Minor, release and hold harmless Releasees in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of the Minor for any illness or injury that the Minor may sustain during the Event and while traveling to and from the site for the Event whether or not the Event actually occurs.

I represent that any medication to which Minor is allergic or medications that Minor is currently taking are listed below. I agree that Minor shall bring medications which Minor is currently taking with him/her to the Event and that he/she shall consume the prescribed dosage for such medications. **Varsity Spirit will not administer or supply any type of medication at Event.**

Medications (if any): _____

Allergic to (if any): _____

I acknowledge that the Minor suffers from the following conditions: _____

Family Doctor: _____ Phone Number: (_____) _____ Minor's Birthdate: ____/____/____

I, in my own behalf and on behalf of the Minor, hereby warrant that I have read this Participant Release and Waiver Form in its entirety and fully understand its contents. I, in my own behalf and on behalf of the Minor, am aware that this Participant Release and Waiver Form releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of the Minor, further acknowledge that nothing in this Participant Release and Waiver Form constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of the Minor, have signed this document voluntarily and of my own free will. Minor and I understand that Sponsors may distribute samples of their products at event.

Signature of Parent or Legal Guardian: _____ Date: _____

Relationship to Minor: _____

I, identified above as Minor, acknowledge that I have read this Release and Waiver form.

Signature of Minor: _____ Date: _____

Witness Signature: _____ Address _____ Date: _____

EVENT RULES



General Championship Rules

I further acknowledge and understand that Varsity Spirit has established rules and regulations pertaining to conduct, behavior and activities of all Event participants by which Minor and I agree to abide during the Event (copy of which is listed on the back of this form), and that Minor and I will be responsible for his/her/my failure to abide by those rules and regulations. Minor and I have received, read and understand the Event rules. Minor and I understand that violation of the rules can result in dismissal from Event with no refund.

1. Cheering, chanting and dancing will be practiced in designated areas ONLY.
2. Squads / teams must be on time to all scheduled practices and performances.
3. Please leave valuables at home (rings, jewelry, etc.). NCA & NDA will not be responsible for lost or stolen items.
4. Participants may not wear unapproved jewelry of ANY kind at any time during practice or performances. Teams with participants that do not comply will be assessed a legality point deduction.
5. Should an injury occur during your assigned practice or performance times, please contact an NCA & NDA trainer or member of the NCA & NDA corporate staff.
6. Smoking at championships & events is prohibited, and the use or possession of alcohol or other illegal substances is prohibited.
7. Hazing or initiations of any type is prohibited.
8. If attending an event as a resident, all participants must follow these basic rules: A) No running or unnecessary noise in the halls. B) Always lock your door when you leave the room and when you are in your room. Do not prop doors open. C) There will be no tumbling, horseplay, partner stunts or practicing in the hotel / resort except in designated practice areas. D) Any damage to the room will be charged to your group. Be sure to leave your room as clean as you found it.
9. NCA & NDA fervently encourage and support sportsmanship, integrity and fairness among all participants and coaches/advisors/directors in all facets of cheerleading and dance, including but not limited to team practice and performance. NCA & NDA maintain and enforce a zero tolerance policy for unsportsmanlike conduct by any and all its championship patrons. NCA & NDA reserve the right to remove participants, coaches/directors/advisors, or spectators from the performance venue and/or hotel should offensive or inappropriate behavior toward other participants, coaches/directors/advisors, officials or spectators occur.

In addition to the general rules above, the following rules apply to all Championships:

1. NCA & NDA is not responsible for participants' supervision.
2. Participants must have an adult chaperone/coach/director, for participants' supervision, in attendance at all times during the championship.
3. Only coaches / directors should approach the NCA & NDA Event Information Table to resolve disputes. Spectators or participants will NOT be allowed to pursue disputes.