2018 SUMMER CHEER HOURS

NAME: _____

Each cheerleader is REQUIRED to complete 10 hours of supplemental cheer classes (something outside of practice time with FHS) over the summer, June 1st-August 14th. These may be completed in the form of tumbling classes, private lessons, etc. They may be done at any facility, but a coach MUST sign your sheet in order for the time to count. Minimum of 5 hours must be cheer, tumbling, stunt, jump related.

DATE	TYPE (tumbling class, private, etc.)	HOURS	COACH SIGNATURE	COACH PHONE #

TOTAL HOURS _____

All summer cheer hour sheets are due to your coach by August 16th. Failure to complete required summer cheer hours will result in suspension from cheer activities (practice, games, pep rallies, etc.). We will call to verify your time, so please include a phone number for each coach that you work with.

FHS Coach Signature _____