

# 2017 SUMMER CHEER HOURS

NAME: \_\_\_\_\_

Each cheerleader is **REQUIRED** to complete **10 hours of supplemental cheer classes** (something outside of practice time with FHS) over the summer, June 1st-August 15th. These may be completed in the form of tumbling classes, private lessons, etc. They may be done at any facility, but a coach **MUST** sign your sheet in order for the time to count.

DATE	TYPE (tumbling class, private, etc.)	HOURS	COACH SIGNATURE	COACH PHONE #

TOTAL HOURS \_\_\_\_\_

*All summer cheer hour sheets are due to your coach by August 16th. Failure to complete required summer cheer hours will result in suspension from cheer activities (practice, games, pep rallies, etc.). We will call to verify your time, so please include a phone number for each coach that you work with.*

FHS Coach Signature \_\_\_\_\_